

Groente & Fruit	januari	februari	maart	april	mei	juni	juli	augustus	september	oktober	november	december
	winter			lente			zomer			herfst		winter
aardappel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
aardbei				✓	✓	✓	✓	✓				
aardpeer	✓										✓	✓
abrikoos						✓	✓	✓				✓
andijvie				✓	✓	✓	✓	✓	✓	✓	✓	
appel	✓	✓	✓					✓	✓	✓	✓	✓
artisjok						✓	✓	✓	✓	✓		
asperge					✓	✓						
aubergine							✓	✓	✓	✓		
bleekselderij							✓	✓	✓	✓	✓	
bloemkool			✓	✓	✓	✓	✓	✓	✓	✓	✓	
boerenkool	✓	✓	✓							✓	✓	✓
braam							✓	✓	✓	✓		
broccoli						✓	✓	✓	✓	✓	✓	
chinese kool							✓	✓	✓	✓	✓	
courgette							✓	✓	✓	✓	✓	
doperwt					✓	✓	✓					
druif								✓	✓	✓	✓	
framboos						✓	✓	✓	✓	✓		
groene selderij	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
kers						✓	✓	✓				
kiwibes									✓	✓		
knolselderij	✓	✓	✓					✓	✓	✓	✓	✓
komkommer							✓	✓	✓	✓		
koolraap	✓										✓	✓
koolrabi					✓	✓	✓	✓	✓	✓		
kropsla					✓	✓	✓	✓	✓	✓		
mais								✓	✓	✓		
meloen								✓	✓	✓	✓	
nectarine						✓	✓	✓	✓	✓		
paddenstoelen	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
paksoi				✓	✓	✓	✓	✓	✓	✓		
paprika							✓	✓	✓	✓		
pastinaak	✓	✓	✓							✓	✓	✓
peer	✓	✓						✓	✓	✓	✓	✓
perzik						✓	✓	✓	✓			
peultjes					✓	✓	✓					
pompoen	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓
prei	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
prinsessenboon						✓	✓	✓	✓	✓		
pruim								✓	✓	✓		
raap	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
raapsteel				✓	✓			✓	✓	✓		
rabarber			✓	✓	✓	✓	✓		✓	✓		
radijs			✓	✓	✓	✓	✓	✓	✓	✓		
rammenas	✓	✓	✓						✓	✓	✓	✓
rode bes						✓	✓					
rode biet	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
rodekool	✓		✓				✓	✓	✓	✓	✓	✓
roodlof			✓	✓	✓					✓		
savooikool	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓
schorseneer	✓	✓	✓						✓	✓	✓	✓
snijboon							✓	✓	✓	✓		
spinazie			✓	✓	✓	✓	✓	✓	✓	✓		
spitskool					✓	✓	✓	✓	✓	✓		
spruiten	✓	✓	✓							✓	✓	✓
tomaat						✓	✓	✓	✓	✓		
tuinboon						✓	✓					
ui	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
veldsla	✓	✓	✓							✓	✓	✓
venkel						✓	✓	✓	✓	✓	✓	
vijg								✓	✓	✓		
warmoes			✓	✓	✓	✓	✓	✓	✓	✓	✓	
waterkers	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
winterporselein	✓		✓							✓	✓	✓
witlof	✓	✓	✓	✓						✓	✓	✓
wittekool	✓	✓	✓				✓	✓	✓	✓	✓	✓
wortel	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
zwarte bes						✓	✓	✓				